# Psychological Foundation of Education

<table>
<thead>
<tr>
<th>Unit</th>
<th>Description in detail</th>
<th>Weightage (%)</th>
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</table>
| 1    | Theories of Personality:  
Trait Approach: Eysenck, Cattle  
Psycho analytical approach: Freud, Ericson  
Behavioural Approach: Miller, Dollard and Bandura  
Humanistic Approach: Rogers, Maslow/ Measurement of Personality | 25 % |
| 2    | Special/Exceptional Children:  
Meaning & classification of exceptional children  
Gifted children, their characteristics and Education  
Slow learners, their characteristics & Education  
Mentally Retarded Children & their Education | 25 % |
| 3    | Mental Health & Hygiene:  
Definition, Meaning and Aims of Hygiene  
Meaning of Mental Health, characteristics of Mentally Healthy Individual  
Principles of mental health, Factors affecting mental health  
Meaning, Concept and Process of Adjustment, Meaning of maladjustment  
Role of teacher in adjustment  
Meaning & kinds of Mental conflict  
Meaning of Defense Mechanism & various Defense Mechanisms | 25 % |
| 4    | Theories of Intelligence, Creativity and Methods of Problem Solving:  
Intelligence: Definition, Meaning & Types of Intelligence, its theory (Two factor Theory, Group factor Theory, Multi-Factor Theory, Guilford's Theory, Vernon's Theory, Golemen's Theory of Emotional Intelligence) Measurement of Intelligence  
Creativity: Meaning and Nature of creativity, Stages & Components of creative thinking process, creative children, techniques for development of creativity  
Definition and Meaning of Aptitude, Interest, Attitudes and values  
Meaning of Thinking Skills, Meaning and Methods of problem solving | 25 % |

**Basic Text & Reference Books:**


Woodworth, R. S., (1979). Contemporary School of Psychology, London; Methuch and Co. Ltd.,


