### Paper Code: PE01EMED03
Title Of Paper: Educational Guidance and Counseling

<table>
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<tr>
<th>Unit</th>
<th>Description in detail</th>
<th>Weightage (%)</th>
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</table>
| 1    | **Concept & Types of Guidance & Counselling:**  
Concept, Need, Nature & Scope of Guidance & Counselling  
Basic principles of Guidance & Counselling  
Basic Types of counselling - Directive, Non-directive & need for eclectic approach  
Competencies of a professional counsellor | 25 %          |
| 2    | **Guidance & Counselling for Adolescents:**  
Characteristics & Problems of emerging adolescents  
Understanding adolescents  
Role & Responsibilities of Guidance & Counselling personnel, Teacher & Parents  
Knowing, guiding and counselling to the adolescents through case study & self reports | 25 %          |
| 3    | **Stages & Skills in Guidance & Counselling:**  
Rapport & relationship  
Assigning client problem & setting goals  
Implementing Interventions - affective, cognitive & behavioral  
Termination & follow up | 25%            |
| 4    | **Career Guidance & Development:**  
Vocational guidance & career development understanding through Super & Holland's Theory  
Need of Psychological Testing in Guidance and basic understanding on psychological testing  
Vocational Choice, Motivation, success, satisfaction & maturity through guidance & counselling  
Availability of courses for vocational choices after X & XII | 25 %          |

**Basic Text & Reference Books:**

- पटेल सोमानाथ दा., (2001), सामाजिक मनोविश्लेषण, गुजरात संस्थानपासून आजत. अम्बानाथ.

- वास्तिस एड. इं. शैक्षिक व्यवसायिक मार्गदर्शन प्रविष्टियों युनिवर्सिटी अंत सरकारी बोर्ड, गुजरात राज्य, अमृतावाड.
- सुपर डी.ए. 'सर्चर दर्शन' सोरांट युनिवर्सिटी राजकोट.
- पर्रोने पी.ए. आर्टिकुलर: शैक्षिक व्यवसायिक निर्देशन (हिंदी) प्रिन्टिंग पुस्तक मंडिर, आगरा.